

Exploring Energy Healing Residential Workshop

2010 Website Program Description

Prerequisites: None

This workshop focuses on exploring energy healing and is valuable for those with no prior experience in energy healing modalities as well as those with many years of practice in multiple disciplines.

Using Hemi-Sync® technology, energy exercises, and group meditations, you will learn to tap into your own unique healing potential. It will be guided by Patty Ray Avalon, MFA, former graduate and faculty member of the Barbara Brennan School of Healing, and residential facilitator at The Monroe Institute for the past 10 years.

Based on the theory that energy, consciousness, and matter are interconnected, energy healing is a completely natural and vital process for everyone. In this course you will learn many different but interrelated activities and methods for tapping into healing support. You will come away with more tools, confidence and possibilities to move you into the next level of your own healing journey.

In this week-long workshop you will learn:

- To access and sustain states of consciousness conducive to healing.
- To improve your high sense awareness (clairaudience, clairvoyance or clairsentience).
- To fine-tune your own energy systems, and raise and control your vibratory rates.
- To work with healing helpers in the non-physical realms.
- To work with crystals and sound in healing support.

There are many divergent methods and theories being used in the field of energy healing today, and we are now in a very exciting and creative era. Our higher guidance is always working within us to bring through the highest and finest possibilities for wholeness, happiness, and peace, especially in the realms of personal and planetary healing. Join us for a deep exploration of your healing potential.

While many of the Institute's programs and educational materials contribute to wellness, they are not intended to replace medical diagnosis and treatment. Because the effective benefits of programs and educational materials depend upon an individual's personal assimilation of the content, such are offered without expressed or implied warranties of any kind.